






Compare the Cost of Jar Baby Food to Homemade Baby Food

Food Type	Gerber	Beechnut	Earth's Best	Your Ice Tray	Savings
Peas 	5 ounces for \$1.40 average \$0.28 per ounce	2.5 ounces for \$0.79 average \$0.31 per ounce	2.5 ounces for \$0.70 average \$0.28 per ounce	\$0.99 per 16oz bag frozen peas 20oz = (20 cubes) \$0.05 per ounce	\$0.23 average savings per ounce
Bananas 	5 ounces for \$1.40 average \$0.28 per ounce	2.5 ounces for \$0.79 average \$0.31 per ounce	2.5 ounces for \$0.70 average \$0.28 per ounce	\$.49 per pound -1 lb 32 oz = (32 cubes) \$0.014 per ounce	\$0.27 average savings per ounce
Carrots 	5 ounces for \$1.40 average \$0.28 per ounce	2.5 ounces for \$0.79 average \$0.31 per ounce	2.5 ounces for \$0.70 average \$0.28 per ounce	\$1.19 per 16oz bag 32 oz = (32 cubes) \$0.03 per ounce	\$0.26 average savings per ounce
Apples 	5 ounces for \$1.40 average \$0.28 per ounce	2.5 ounces for \$0.79 average \$0.31 per ounce	2.5 ounces for \$0.70 average \$0.28 per ounce	\$.99 per pound (4 apples) 20oz = (20 cubes) \$0.05 per ounce	\$0.24 average savings per ounce
Sweet Potatoes 	5 ounces for \$1.40 average \$0.28 per ounce	2.5 ounces for \$0.79 average \$0.31 per ounce	2.5 ounces for \$0.70 average \$0.28 per ounce	\$.99 per pound - 3 potatoes = 1.5 lb 24oz = (24 cubes) \$0.06 per ounce	\$0.23 average savings per ounce

All prices are reflective of New Hampshire grocery stores as of Spring of 2010. Costs shown are for conventional produce only. Food costs in your area may be higher or lower however the savings should remain the same!

